

## Healthy People 2010

HEAL Global supports the twin goals of Healthy People 2010:

- **Goal 1: Increase Quality and Years of Healthy Life**

The first goal of Healthy People 2010 is to help individuals of all ages increase life expectancy *and* improve their quality of life.

- **Goal 2: Eliminate Health Disparities**

The second goal of Healthy People 2010 is to eliminate health disparities among different segments of the population.