

Healthy Campus 2010

HEAL Global supports the goals of Healthy Campus 2010.

Healthy Campus 2010 establishes national college health objectives and serves as a basis for developing plans to improve student health. Healthy Campus 2010 has planning guidelines and over 200 health objectives with baselines and targets for the nation's colleges and universities to achieve over the next decade. The Leading Health Indicators reflect the major public health concerns in the United States and were chosen based on their ability to motivate action, the availability of data to measure their progress, and their relevance as broad public health issues.

The Leading Health Indicators are:

1. Physical Activity
2. Overweight and Obesity
3. Tobacco Use
4. Substance Abuse
5. Responsible Sexual Behavior
6. Mental Health
7. Injury and Violence
8. Environmental Quality
9. Immunization
10. Access to Health Care

The American College Health Association manual, *Healthy Campus: Making It Happen*, is a companion document to Healthy People 2010, the nationwide health promotion and disease agenda, and similarly, was developed through a broad consultation process built on the best scientific knowledge.